



Mental Health Initiative Application

Central Indiana Cohort Due Friday, January 27, 2023 30 Applications will be Selected

Eligibility: Indiana congregations in the following counties are eligible to apply. (Boone, Clay, Clinton, Delaware, Fayette, Fountain, Hamilton, Hancock, Hendricks, Henry, Howard, Johnson, Madison, Marion, Montgomery, Morgan, Owen, Parke, Putnam, Randolph, Rush, Shelby, Tippecanoe, Tipton, Union, Vermillion, Vigo, Warren, and Wayne). Applications from groups of congregations, campus ministries, judicatories, or other faith-based organizations will not be reviewed. Only individual congregation applications will be accepted.

Initiative Goals:

- Understanding ways that your congregation can benefit from the intersection of mental and spiritual wellness
- Harnessing your congregation's spiritual practices and faith claims to promote healing and mental well-being
- Understanding cultural dynamics that can limit the discussion of mental health in congregations
- Equipping your congregational leaders to identify and offer mental health resources to support your faith community
- Finding rejuvenation and healing while learning how to offer it to your own congregation
- Learning ways to support clergy people and their spiritual and mental wellness

Next Steps:

1. Assemble a group of interested persons from your congregation to discuss this Mental Health Initiative and the questions on this application.
2. Designate an individual to fill out this application.
3. Submit the application to mentalhealth@centerforcongregations.org by Friday, January 27, 2023.

Save a copy of this application on your computer. Enter your responses in the blue boxes.

Congregation Information
Name:
Website or Facebook Page:
County:
Physical Address (and Mailing Address if different):
Denomination or Tradition:
Congregation's Race/Ethnicity (Will not impact application approval status.)
Worship Attendance (in person and/or online)
Contact Person Name, Email, and Phone#

Application Continued on Next Page



1. Why does your congregation want to participate in this initiative?



2. What elements of your congregation's spiritual/religious life or practices are preparing you or have prepared you to support mental and spiritual health?



3. What are you seeing as the greatest mental health opportunities and needs in your congregation and community?



Signatures Required

By signing this Application, we affirm, if selected, our leadership team or governing board supports our full participation in the Mental Health Initiative, including attending all gatherings, and the financial commitment of contributing funds.

Typed names are acceptable as signatures.

Senior Clergy Leader Signature and date

Senior Lay Leader Signature and date

If your congregation is selected for the program, you will be required to provide proof of your congregation's tax-exempt status. You may meet this requirement by providing a group (denominational) 501(c)(3) letter, an individual 501(c)(3) letter, or you may complete Confirmation of Nonprofit Status form (Talk to your Center for Congregations representative for instructions if this is the option you are choosing.)

Completed application with typed signatures may be emailed to:
mentalhealth@centerforcongregations.org

Submit application by Friday, January 27, 2023

